



Sierra Sacramento Valley Medical Society

Alliance

Dedicated to a Healthy Community

Bulletin

September 2020

ALLIANCE CALENDAR

October 21, 2020

Blood Drive at the SSVMS Bldg.

November 5

Nominating Committee Meeting

November 7-15, 2020:

Art of Medicine

Gala Week on GiveSmart

Co-Presidents' Message

From the desks of Alice Huang and Tricia Hunstock

The “Zoom” Annual Meeting in September was a great way to come together as an Alliance during the Covid19 situation. Thank you all for participating. We also have monthly Zoom Board of Director’s meetings on the first Tuesday of the month at noon and welcome the membership. Just RSVP at ssvmsalliance@gmail.com. We have again scheduled a Covid19 Special Project Blood Drive. It will be held on October 21st at the Medical Society Building. This is an opportunity to have another successful “Blood Drive” in partnership with SSVMS and Vitalant. Please remember to sign up to donate blood.

Remember that November will be the Art of Medicine special auction. Thank you to the chairs Linda Meyers and Mary Sosa and their committee that have spent many hours on planning the event to help our community. See below for the details.

Warmly,

Alice and Tricia



We are excited to announce that we will open the GiveSmart website for viewing in the next few days. When that happens, you will be sent a link to GiveSmart via email so that you can view the site. Bidding will not begin until November 7th.

We are very grateful for your support through your donation to our dinner and auction originally scheduled for April 18, 2020. As you remember, plans for a lovely evening were nearly complete when precautions to prevent the spread of COVID-19 took priority. Over this past 6 months, we have transformed our original event into an online auction that will be open to everyone from November 7th through November 15th. Registration is Free. On November 7th and 8th, we are holding an exhibition of our auction items at the Medical Society building, 5380 Elvas Avenue. Although a reservation is required, entry is FREE. You may begin bidding at that time and throughout the subsequent week.

Tickets are not needed to attend the exhibition or register but if you purchased tickets prior to the transformation we would like to offer these options: 1) Your purchase of tickets to the original event can be fully refunded; or 2) the full amount can be donated back to the Art of Medicine for a 100% tax deduction. Please contact us at masosa5@gmail.com with your preference.

Again, thank you. Your support of the Art of Medicine 2020 will enable the Alliance to continue our mission to improve the health of the Sacramento Community.

Sincerely,

Linda and Mary

Nominating Committee Ready to Hear From You

Each year at this time, a small committee comprised of both Board and non-Board members come together to form the slate for the coming year's SSVMSA Board of Directors. The committee this year includes Sue Brownridge, Linda Meyers, Gabby Neuburger, Patty Roberts, Mary Sosa, and Diane Vanderpot.

Most of us who have served on the Board do so out of a commitment to serving our community coupled with the joy of the strong friendships we have built with fellow medical family members. But, our Alliance can only thrive with ongoing refreshment of ideas and activities. With that in mind, WE NEED YOU!

The Board positions include:

- President Elect
- VP of Membership
- VP of Public Relations
- VP of Community Health
- Recording Secretary
- Treasurer
- Treasurer-Elect
- Community Endowment Fund Director
- Holiday Sharing Card
- Bulletin Editor
- Long Range Planning
- By-Laws/Parliamentarian
- Scholarships

Please contact Sue Brownridge, (or any of the Nominating Committee members listed above), at sue_bee@surewest.net or 916-955-7753 if you would like to volunteer, to inquire further about any of these positions, or you would like to recommend someone for one of the positions. Together we are a diversely talented group, each of us has something to contribute so *please* consider becoming further involved!

BE A PART OF THE NEXT BLOOD DRIVE!

Blood Drive



Because of you, life doesn't stop.
#VitalToLife

Sierra Sacramento Valley Medical Society Alliance & Sierra Sacramento Valley Medical Society Blood Drive

WEDNESDAY, OCTOBER 21ST

9:00 AM – 2:00 PM

**LOCATED AT SIERRA SACRAMENTO VALLEY MEDICAL SOCIETY
5380 ELVAS AVENUE, SACRAMENTO, CA 95819**



To comply with social distancing, we are asking all donors to please schedule an appointment.

Click here to schedule an appointment, or visit <https://tinyurl.com/BloodDriveOctober2020>.

ATTENTION BLOOD DONORS. Vitalant requires all donors to wear face coverings.

COVID-19 Antibody Testing - Starting June 1, your **blood donation** delivers **DOUBLE** the good when you help to save lives and **learn your COVID-19 antibody status**.



For more information or to schedule a donation, call **877.258.4825** or visit **vitalant.org**



Schedule Your Appointment Here

Book Club

Due to COVID 19 and the need to be outside, the book club has adapted by being more flexible with it's meeting times and limiting the meetings to 8 people. Due to hot weather the Book Club will determine dates via email. The September meeting is already full with a waiting list. To RSVP for future dates, contact Mariann Fischer at mafish42@surewest.net.

Upcoming Books

October

Clementine or Lady Clementine by Marie Benedict about Clementine Churchill.



PSA #MaskUp

The SSVMS has launched a PSA encouraging the general public to #MaskUp. The PSA focuses on reopening our businesses and schools quickly and safely.

Please help us make our public health campaign go “viral” by sharing the video on your personal social media pages and asking your friends and family to do the same.

YouTube:

<https://youtu.be/kdQHNHtt9z0>

Facebook:

<https://www.facebook.com/ssvms/posts/3241767589248989>

Twitter:

<https://twitter.com/ssvms/status/1291116851699675136?s=21>

Amazon Smile

SSVMSA is on Amazon Smile

- Open the Amazon Shopping app on your device.
- Go into the main menu of the Amazon Shopping app and tap into 'Settings.'
- Tap 'AmazonSmile' and follow the on-screen instructions to complete the process.
- For help, please email ssvmsalliance@gmail.com



