



## Sierra Sacramento Valley Medical Society Alliance

# Bulletin

The Sierra Sacramento Valley Medical Society Alliance is a non-profit service organization dedicated to improving the quality of health in our community through education, fundraising, and volunteer support.

### Alliance Calendar

January 25<sup>th</sup>: Joy of Medicine: Family and Medicine, a Balancing Act (see flyer below)

February 5<sup>th</sup> @ 9:30 am: Board Meeting at the Medical Society Kitchen

February 5<sup>th</sup>: Nominating Committee Meeting to follow Board Meeting

February 5<sup>th</sup> @ noon: Lunch Bunch (place TBA)

February 6<sup>th</sup> @ 1pm: Book Club (see below for details)

February 16<sup>th</sup>: Undy Walk (see below for more information)

## PRESIDENT'S MESSAGE

Happy New Year!

I hope this finds everyone enjoying 2019!

I am especially excited as I look to new beginnings for our Alliance. In the last few years we have brought on new members that have infused fresh energy and have inspired us all. We have new programs including The Joy of Medicine / Joy for the Medical Family. Also, one of our newest members, Joseph Jacobs, will be holding tutorial sessions on tackling new technology! As always, the Alliance continues to do good work with community outreach, community Grants (awarding over \$50,000 last year), and our Nursing Student Scholarships.

Although 2019 does look very rosy for the Alliance, I do need to ask for your help in one regard. We will be convening our nominating committee in February. This is historically a problematic time for the Alliance as it has become increasingly difficult to find members to take on leadership roles. The toughest positions to fill historically are those of President, President elect and treasurer. If these positions go unfilled, we will not be able to continue as an organization. How very sad it would be if we could not continue to do the wonderful work that we do. I am asking each one of you to SERIOUSLY consider taking on a leadership role if asked. Our 80+-year history depends on continued dedication to our mission!

Thank you and Happy New Year!

Mary

## ALLIANCE NEWS

### Holiday Luncheon at 33<sup>rd</sup> Street Bistro

Approximately 30 guests attended our Holiday Luncheon at the 33<sup>rd</sup> Street Bistro, where Liz Battaglia, our Program Director, arranged for a buffet lunch. David Peterson, the artist who contributed his work to our holiday sharing card was also present. We recognized Glenda Morris as the Dorothy Dozier Helping Hands recipient and The Godmothers charity.



Liz Battaglia registering guests.



Aileen Wetzel, Gabby Neubuerger, Patty Roberts



Kathy Greenhalgh, Wylyd Lian, Diane Vanderpot



Paula Cameto and David Peterson



Linda Meyers, Joseph Jacobs, Ann Parsons



Sue Brownridge, Kim Majetich, Evie Lieb

### **Dorothy Dozier Helping Hands Award**

This year's Dorothy Dozier Helping Hands award was presented to Glenda Morris at our annual Holiday Luncheon in December. Glenda has been on the Alliance Board since she became a member. She has served as Secretary for two years, Holiday Sharing Card co-chair for two years, Treasurer for three years, of which she was Treasurer during two of our Art of Medicine events, and she was CEF Director for one year. A number of those years she also served on our Grant Committee.

Glenda volunteers extensively in the community. For years she has volunteered at Loaves & Fishes, WEAVE Thrift Store, Sayonara Tutoring and the Crisis Nursery. Glenda is married to Dr. Allen Morris, a Cardiac Surgeon, and has three grown sons.



Glenda and Allen Morris and Kim Majetich

## **The Godmothers**

The charity we chose to highlight at this meeting was The Godmothers, a group of volunteers who tend to the basic essentials of young families in need. They provide baby necessities including formula, diapers and wipes to the homeless, undocumented and very low income families as well as serve meals to unhoused Sacramentans on a bi-monthly basis. The guest speakers were Anamarie Ragland, who founded the organization two years ago, and Angela Hanson-Muesse, the Outreach Coordinator. The Godmothers have 20 – 30 volunteers and are in the process of receiving 501(c)3 recognition.



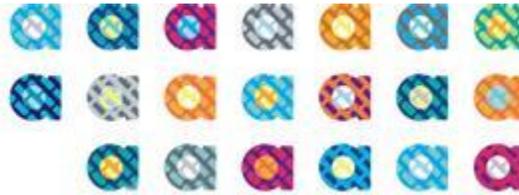
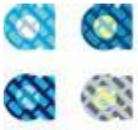
Angela Hanson-Muesse, Anamarie Ragland and  
Patty Roberts

## **Book Club**

February 6<sup>th</sup> at 1 pm: River of Doubt: Theodore Roosevelt's Darkest Journey  
by Candice Millard  
Host: Jerilyn Marr (916) [484-6490/j.marr@sbcglobal.net](mailto:j.marr@sbcglobal.net).

March 6<sup>th</sup> at 1 pm: Bad Blood by John Carreyrou  
Host: Shelly Schermer (916) 455-5279/[Shellyberg44@gmail.com](mailto:Shellyberg44@gmail.com).

April 3<sup>rd</sup> at 1 pm: News of the World by Paulette Jiles  
Host: Ann Parsons (916) 488-3534/[aparsons@surewest.net](mailto:aparsons@surewest.net).



## **SSVMSA Joins the Undy Run/Walk**

SSVMSA is once again joining forces with the Colorectal Cancer Alliance in support of the fight against colorectal cancer. Please join our team (SSVMSA on the Move) to participate in the's 5K/1mile run /walk on February 16th. What a great way to increase our visibility in the community while doing something healthy for ourselves and increasing awareness about this deadly disease. Please join our team with your family, kids, even dogs! Walkers welcomed!! Please sign up via this link: <https://fundraise.ccalliance.org/sacramento/ssvmsaonthemove>, click on join us and go from there. Contact Sue Brownridge for info, [sue\\_bee@surewest.net](mailto:sue_bee@surewest.net), 916-955-7753. More information can also be obtained from their website, [ccalliance.org](http://ccalliance.org).



# Find Your Joy of Medicine

*Sierra Sacramento Valley Medical Society Alliance Presents:*

## **Family & Medicine, A Balancing Act Group Sessions**

Join other spouses/partners of physicians in the second of a four-part group session where participants will explore the joys and challenges for a family involved in the medical world. Attendees will share and discover tools that are proven to be successful in bringing balance to their world.

This group is a safe place for those who want to gather and develop a relationship that will support their growth on their journey. Anyone may attend this session.

**When:** 12:00pm-1:30pm, January 25, 2019

**Location:** Sierra Sacramento Valley Medical Society

**Topic:** A Fresh Start... It's a Choice

Lunch will be provided.



**RSVP with Kim Majetich**

via telephone at (916) 539- 6425  
or email at [kmaj@comcast.net](mailto:kmaj@comcast.net).

Program funded by CMA Alliance Grant.



SIERRA SACRAMENTO VALLEY  
MEDICAL SOCIETY ALLIANCE



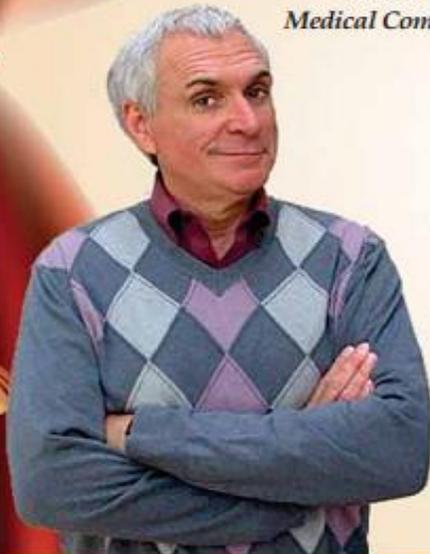
# Honors Medicine

An evening of food, wine and entertainment honoring the following Award Recipients:

*Golden Stethoscope, Denise Satterfield, MD*

*Medical Honor, David A. Herbert, MD*

*Medical Community Service, Society for the Blind*



## Join us for a Night of Laughter in Medicine Featuring Comedian Jack Gallagher

Thursday, February 28, 2019  
Tsakopoulos Library Galleria  
6:30pm to 8:30pm

Cost is \$100 per person; Early-bird  
registration by Feb. 3 is \$75 per person.  
Members are encouraged to consider  
hosting a medical student or resident.

### Live Auction to Benefit the SPIRIT Program

2-Night Stay Resort at Squaw Creek, Donated by Chris Serdahl, MD and Clarissa Tendero, MD  
Private Dinner for Four with John Chuck, MD at Buckhorn Grill  
Print of Archival Ink on Canvas by Barbara Arnold, MD

### Date Night For a Year Raffle

Benefiting SSVMS' Medical Student Scholarship Fund  
Valued at \$1,200 | Raffle Tickets are \$100 | Only 100 Tickets Sold  
Reserve Raffle Tickets with [mjackson@ssvms.org](mailto:mjackson@ssvms.org)

RSVP with [mjackson@ssvms.org](mailto:mjackson@ssvms.org) or visit <https://tinyurl.com/SSVMSHonors>

Platinum Level Sponsors:



Bronze Level Sponsor:



